

# LifestyledbyART Glass Noodle Chicken Stir Fry

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## Supplies

- 1 sharp knife
- 1 cutting board
- 1 large bowl
- 1 small bowl
- 1 large skillet

## Ingredients

- 1 lb chicken breast
- 8 oz Sweet Potato Glass Noodles also known as Japchae noodles
- 2 tbsp olive, avocado OR grapeseed oil
- 1/2 cup shiitake mushrooms
- 1 large yellow onion
- 1 large red bell pepper
- 1 large yellow bell pepper
- 2 carrots
- 1 zucchini
- 2 cups broccoli
- 5 garlic cloves
- 3 stalks of green onion
- 1/2 cup chicken or veggie broth
- 1/4 cup low sodium soy sauce
- 2 tablespoons brown sugar
- 2 tablespoons sesame oil
- 1 tablespoon cornstarch
- 1/2 tablespoon sriracha sauce, optional if you like spicy!
- White or black sesame seeds, optional for garnish

\*Feel free to sub in or out any vegetables above to your liking

